

Purposeful Hourly Rounding

Purposeful Rounding, sometimes known as “Hourly Rounding” or “Intentional Rounding,” is a practice *that improves resident safety, resident experience and reduces call bells. Check your residents every HOUR for the 4“P’s”*: **PAIN, POSSESSIONS, POSITIONING, PERSONAL NEEDS**

PAIN

Is your resident experiencing pain?

Screen for pain by asking residents if they have pain, or observing for signs and symptoms of pain in cognitively impaired residents.

*If pain can not be managed, notify the registered staff.



POSSESSIONS

Are all the items your resident would like placed within their reach?

Make sure that necessary personal items are within easy reach; e.g., call bell, TV remote, telephone, Kleenex, beverages, etc.



POSITION

Is your resident in a comfortable position?

Make sure the resident is comfortable and assist in repositioning as required.



PERSONAL NEEDS

Does your resident need to use the bathroom?

Offer assistance to the toilet or assess if the resident needs to be changed. Is the resident hungry or thirsty, or are they hot or cold?



How do you perform purposeful rounds?

- 1) Use opening words
(i.e. “Good morning, Mr. Smith”)
- 2) Perform scheduled tasks
- 3) Address pain, positioning, and toileting
- 4) Assess additional comfort needs
- 5) Assess personal environment
(e.g. Remove hazards, place call bell or TV remote within reach)
- 6) Close the conversation
(“Is there anything I can do for you before I go? I have time.”)
- 7) Tell resident when you will be back
(“I will be back to check on you in 1 hour.”)
- 8) Document the round on the log